Developed by Paul Oxnam, Emma Gardner and their colleagues at the Regional Intellectual Disability Secure Service in Wellington, New Zealand, Stepping Stones is a comprehensive emotion regulation, communication and social skills group therapy programme designed for people with an intellectual disability.

Since its inception in 2008, Stepping Stones has evolved to meet the treatment needs of adult and adolescent clients in both community and inpatient settings in New Zealand, Australia, the U.K. and the U.S.A. Clients engaged in Stepping Stones complete a series of modules targeting emotion regulation, distress tolerance, relationships, problem solving and skills for living in the community. Client willingness to share and learn from negative life experiences in a safe environment has been a prominent feature of the programme.

Clients who have completed Stepping Stones demonstrate a greater understanding of their emotional responses and an improved ability to use functional means for managing distress and solving life problems. In addition, they express pride in their achievements and enhanced confidence for pursuing a life worth living. Care staff have described feeling more confident to work with challenging clients and reportable event data indicates a reduction in both the incidence of aggression and the use of restrictive practices.

This highly practical workshop would suit clinicians working with groups of forensic and non-forensic clients who present with complex social and behavioural needs and reside in both inpatient and community settings.

Attendees will be provided with the knowledge and resources required to implement and facilitate Stepping Stones in their own services.

Following the workshop, all attendees will receive access to the programme manuals and remote supervision and support from Paul and Emma.

Venue
Mercy Place, situated in the foothills of Mt Coot-Tha and bounded by the Brisbane Forest Park provides a peaceful setting that is perfect for conferences or reflection days where environment is a number one consideration.

371 Simpsons Rd, Bardon
QLD 4065
Telephone: (07) 3369 4569
email: info@mercyplace.org.au
For directions: www.mercyplace.org.au/location.html

Cancellations
Your registration will be confirmed in email when full payment is received. We will refund your registration in full less a $120 administration and processing fee if notification is received in writing by 12/01/2014. If we receive notification of cancellation between 13/01/2014 and 1/2/2014, you will receive 50% refund and workshop notes. No cancellation will be accepted after 2/2/2014.

Registration Fees
see www.forensicpsychologycentre.com.au
Registration Fees include detailed workshop handouts and full catering on the day. The student rate is only available to those who submit evidence of their full-time enrollment.
Receipts will be emailed to delegates on receipt of payment.

Please note
The session is from 8:30AM to 4:30PM. Registration from 8:00AM
About the presenters:

Paul Oxnam and Emma Gardner

Paul Oxnam and Emma Gardner are Clinical Psychologists based at the Regional Intellectual Disability Secure Service in Wellington, New Zealand. This is one of two facilities for the specialist care and rehabilitation of offenders with an intellectual disability in New Zealand. Paul and Emma have close to 20 years combined experience in working with people with intellectual disabilities and complex offending and behavioural needs. They have expertise in working with services and teams to develop evidence-based clinical interventions and models of care. Paul and Emma have presented at a variety of forums in New Zealand, Australia and the U.K. and have published in a range of scientific journals.

Registration Form

Section A: Personal Details

Prof/Dr/Mrs/Ms/Mr: ....................................................................................................................................................................................................................................
(First Name) (Last Name)

Position: ..........................................................................................................................................................................................................................................................

Organisation: ................................................................................................................................................................................................................................................

Address: ..........................................................................................................................................................................................................................................................
.....................................................................................................................................................................................................................
Post Code: ..........

Ph: (........) ........................................... Fax: (........) ........................................... Mobile: ..........................................................

Email: ...............................................................................................................................................................................................................

Workshop includes all day refreshments, morning tea, lunch and afternoon tea.

Section B: Workshop Registration

Brisbane 20 February 2014 (prices are inclusive of GST)

Early Bird up to January 12 2014, full registration on and after January 13 2014.

Full Registration (1 day) Early Bird ☐$295 ☐$395

Student Registration* (1 day) Early Bird ☐$195 ☐$295

*proof of student status required

Total: $ .................................

Section C: Payment Summary

I enclose my cheque made payable to “Forensic Psychology Centre”

OR

Please debit my credit card $.................... (AUD). ☐Mastercard ☐Visa ☐Corporate Credit Card*

Number: ................................................................................................................. Expiry: .................

Name on card: ...........................................................................................................

Signature: ...................................................................................................................

*Please note that Corporate Credit cards will incur a surcharge of 1.5% of your transaction total which will be automatically added to the total amount you will be charged.

Send form with payment by post to PO Box 732, Paddington, Qld - 4064 or Fax the form to: (07) 3368 1896.

EMAIL: admin@forensicpsychologycentre.com.au
Receipts will be emailed to delegates on receipt of payment.